



Much of the seafood you and your family consume can potentially contain a dangerous level of mercury.

While most nutrition experts recommend that you eat seafood regularly, the lack of available information regarding mercury levels has made the process a guessing game.

Safe Harbor eliminates the uncertainty, so you can freely enjoy the health benefits of consuming fish.

Visit our site to request Safe Harbor Certified Seafood® at your local supermarket.



SafeHarborFish

What was the most exciting thing you did this weekend?

about 2 hours ago from web

@MichikoFliz You have a point there.

about 2 hours ago from web in reply to MichikoFliz

@Maedean AMAZING!

about 2 hours ago from web in reply to Maedean

It's true: Seafood labels will not tell you how much mercury you'll be serving on the family dinner table.

10:25 AM May 29th from web

@Maedean We've got lab locations all over the world! Seafood will be more safe as more retailers and restaurants adopt.

10:21 AM May 29th from web in reply to Maedean

@MichikoFliz I'd rather be woken up by Ernie playing the trumpet than be put to sleep by Bert going on about his pigeons.

10:29 AM May 29th from web in reply to MichikoFliz

Name Chris Hodge
Location San Francisco
Web <http://www.safeha...>

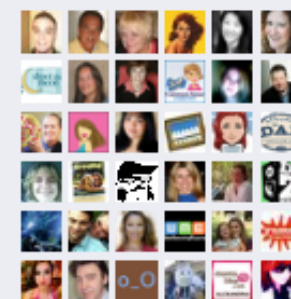
Bio The Safe Harbor seal certifies the seafood you eat is not high in mercury. Visit our site to see which stores carry our certified fish or to ask for it.

511 following 520 followers

Updates 72

Favorites

Following



[View All...](#)

[RSS feed of Safe Harbor Fish's updates](#)



Visit our site to request Safe Harbor Certified Seafood at your local supermarket

Safe Harbor is available at the following stores:

Seafoods.com
www.Seafoods.com

Top Foods
www.top-foods.com

Haggen Markets
www.haggen.com



COMMUNICATIONS®

Marketing Communications & Media Relations